



**Baptist Health System patient Kay Ross with her doctor, Ty Goletz M.D.**

## Joint replacement gives patient's life back

**Kay Ross sits with a cake in her lap** as she waits to be called in to see Ty Goletz M.D., one of San Antonio's most noted orthopedic surgeons. "I just love him," says Kay. "He helped me get my life back, so I bake him a cake when I come to see him."

### THE PERFECT PATIENT

Kay has had a lot of reasons to see Dr. Goletz. At only 67 years young, she's had three joint replacements done by Dr. Goletz—a knee, a hip, and recently a hip revision when the manufacturer recalled her first one. "Kay is the perfect patient," says Dr. Goletz. "She has a great, positive attitude; she listens and follows post-op and rehabilitation instructions. She is doing great."

Kay says the procedures have allowed her to do many things that she and her husband Jim love to do. "The moment you step out of bed after surgery, it's not the same pain anymore. Sure you have a little pain from the surgery, but they manage it so well. Four months after my knee surgery I was downhill skiing and it

didn't hurt at all. Jim and I are very active. We hike, fish, snowshoe, snowmobile, and ride horses. We have taken mission trips to Uganda to build water wells and work on churches and worked with prison and children's ministries. You've gotta have good hips and knees to do it," Kay says with a smile.

"I got my wife back thanks to her joint replacements," says Jim. "Now we can travel like we used to and do lots of things with our grandkids."

### GIVING BACK TO BAPTIST HOSPITAL

Kay had such a great experience with her knee and hip replacements that she is a volunteer at St. Luke's Baptist Hospital's Joint Replacement Club, which helps people going through joint replacement by providing information, education, and a support system of other patients who go through their surgeries together. She talks with patients to let them know what to expect and provides a great example of what they can look forward to accomplishing.



### Our Joint Club Has the Gold Seal of Approval™

The Joint Clubs at Baptist Health System are the first orthopedic programs in San Antonio to earn the Gold Seal of Approval™ from The Joint Commission for quality of care in total knee replacement. Call 210-297-7005 or visit [bhsjoints.com](http://bhsjoints.com).